

# HURRICANE SURVIVAL GUIDE



## Supply kit checklist

### WATER

- One gallon of drinking water per person per day for 14 days
- One gallon of water for each person per day for cooking & personal hygiene
- Don't forget water for your pets

### ICE

- Freeze water in zip-type freezer bags and two-liter soda jugs
- Fill coolers with ice. Ice can be used to preserve food once the power goes out

### FOOD

- Non-perishable packaged or canned food to last 14 days
- Ready-to-eat canned meats, fruits, and vegetables
- Canned or boxed juice
- Canned or boxed milk
- Cereal
- Soup
- Peanut butter and jelly, granola bars, trail mix
- Powdered coffee or tea
- Bread, crackers, and cookies
- Raw Vegetables
- Fresh fruit
- Special Food for babies and the elderly

### FOR THE HOME

- Cooler for ice and food storage

- Flashlights with extra batteries or hand-crack flashlights
- Battery or solar powered lanterns
- Battery Powered NOAA Weather radio with extra batteries or hand-crack radio
- Car charger for mobile phone
- Battery operated digital TV with car charger adapter
- Grill with extra propane, charcoal, or sterno (Outdoor Use Only)
- Matches in waterproof container or butane starter for grill
- Paper plates/bowls/cups, plastic eating utensils, napkins, paper towels, moist towelettes
- Manual can opener and bottle opener
- Cleaning supplies
- Non-scented liquid household chlorine bleach/ water purification tablets
- Work gloves
- Duct tape
- Heavy-duty outdoor extension cords
- Waterproof tarps
- Plastic sheeting
- Rope
- Basic tool kit
- Corded phone
- Smoke detectors
- Carbon-monoxide detectors

- Two-way radio if power, terrestrial telephone and cell towers fail
- Fire extinguisher
- Waterproof container or resealable plastic bag to store important papers (insurance, medical, bank, or Social Security documents/numbers)

### HEALTH ESSENTIALS

- First Aid Kit
- 2 weeks supply of prescription drugs
- 2 weeks supply of vitamins
- Over the counter pain reliever
- Antibacterial hand soap
- Toilet paper
- Plastic garbage bags
- Mosquito repellent
- Sunscreen
- Toiletries/Hygiene items

### FOR YOUR PET

- Non-perishable food
- Water
- Medications
- Documentation, license

